



SCCS Staff

Executive Director
Jan Neblock-VanStratt

Office & Finance Manager
Jo Ann Miller

Coordinator of Adult & Family Programs
Emily Greenman

Coordinator of Programs for Seniors
Terri Franklin

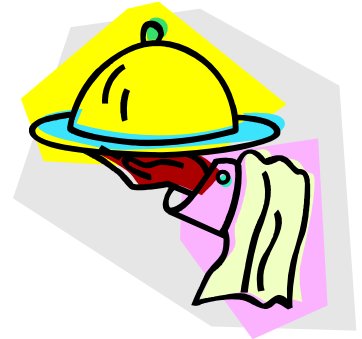
Exercise & Tai Chi Instructors
Debbie Snell, Patra Ryder, Ed Kehoe

Custodial Staff
VCC-Michael Chapman
SCC-Vivian Thompson

Lunch & Learn Series

A monthly program featuring topics of interest to adults. Third Wednesday, December 17, at noon. Our topic is:

“ARTHRITIS: Therapies, Trends & Treatments”



Dr. Ken Franklin from Family Doctors of Vicksburg will talk about the latest discoveries and treatments concerning this common, yet complex condition.

The program starts with lunch from Senior Services at noon, followed by the free program at 12:30 PM. A donation of \$2.50 for persons 60 and older for the lunch is recommended. Under age 60, \$4. Lunch reservations should be made by 11:00 AM on Tuesday, Dec. 16, for the Wednesday program. Call **649-2901, ext. 14, or tfranklin@sccs.us**. There is no charge to attend just Dr. Franklin’s program. Please arrive by 12:20 PM to attend the program.

Christmas Donations Deadline Approaches

Our 2008 Christmas Assistance and Party program is seeking a variety of donations. **Please note that all donations for Christmas 2008 must be received by SCCS by Dec. 5 so that we can distribute them by Dec. 18.**

Our Christmas Donation Needs Include:

- ◆ Money for SCCS to purchase specific items for the Christmas party and meat for the holiday dinner food baskets for families in need.
- ◆ New, unwrapped toys for children of all ages. Look for the Toys for Tots donation boxes now out at locations throughout the South County area, or bring the toys to the SCCS office.
- ◆ Gift cards for local and nearby merchants.
- ◆ Holiday food items—canned pumpkin, flour, sugar, stuffing mix, canned vegetables, potatoes, canned yams, Jello mix, pie, cake and frosting mixes.

Any churches, clubs, businesses, organizations or individuals planning a food drive or other group donation to SCCS for Christmas should call Emily Greenman at 269-649-2901 to coordinate those activities.



MiCafe

Michigan's
Coordinated Access to
Food for the Elderly

This program provides food assistance to Seniors age 60 and up who meet income requirements.

Call 649-2901
for an
appointment.

*“A Good
Conscience is a
Continual
Christmas.”*

*—Benjamin
Franklin*

Unless otherwise noted, classes are come and go on your own schedule. No need to call ahead.

If you wake up and decide today sounds good, come on out and start your day on a healthy note.

Let's keep moving!

Excursions and Activities

Out to Eat

Out to breakfast: Dec. 5, 9:00 AM. First Friday of every month. **Summer Thyme Café**, 3928 Portage Rd., Portage. (Just north of I-94, on the west side of Portage Rd.)

Out to lunch: Dec. 19, Noon. Third Friday of every month. **Special Christmas Luncheon, Vicksburg Community Center, 101 S. Main in Vicksburg. Catered by Good to To Café. \$9.00 per person. Advance reservation required!** Call Terri at 649-2901 by Wed., December 17, to make your reservation. Plan to stay for Holiday Bingo after lunch!

Potlucks at Noon

Fulton Christian Church: Second Tuesday, December 9

Pavilion Township Hall: Third Wednesday, December 17

Schoolcraft Community Center: Last Friday, December 26— CANCELLED due to Christmas Holiday Weekend.

Come Exercise with Us

SCC: Mondays, 1:30-2:30 PM video class (no instructor) Free. Wednesdays with instructor Patra, 1:30-2:30 PM. \$3 per class.

VCC: Monday, Wednesday & Friday at 10:15-11:15 AM. Let Debbie help get you limber with a little movin' and shakin'! \$18/mo or \$2.50/class. Instructor Debbie Snell. 207-7421

Tai Chi Class—VCC: Tuesdays at 10:15 AM. \$5.00 per class. Come and join us in learning how Tai Chi can help our physical balance and arthritis. Let Ed Kehoe, certified instructor, show us how!

Line Dancing: Monday, 9:00-10:00 AM. Variable fee (\$3.50 - \$5 per session) Vicksburg Schools Administration Building. Beginners need to call Debbie Snell for an assessment appointment. 207-7421.

Who's Who at South County Community Services 269-649-2901

Jan VanStratt, Executive Director — jvanstratt@sccs.us

Emily Greenman, Coordinator of Adult & Family Programs — egreenman@sccs.us

Terri Franklin, Coordinator of Senior Programs — tfranklin@sccs.us

Jo Ann Miller, Office & Finance Manger — Joann@sccs.us

Emergency Assistance Appointment Schedule

Emergency assistance and food pantries are available by appointment only.

Appointments are available on Mondays, Wednesdays and Fridays between 9:00 AM & 3:00 PM.

Persons needing emergency assistance or food pantries should call SCCS at 649-2901 as much in advance as possible to schedule an appointment. You can call any day to request a Monday, Wednesday or Friday appointment.

Help South County Help Others!

Our food pantry always needs donations of non-perishable food, toiletries; baby food, formula and disposable diapers; and household cleaning products. Donations can be brought to the SCCS office inside the Vicksburg Community Center, 101 S. Main St., Vicksburg, 8:00 AM – 4:00 PM, Monday – Friday.

South County Community Services will be closed Thursday, December 25, for Christmas, and Thursday, January 1 for New Year's. This includes all services & programs at both offices — Vicksburg and Schoolcraft.

CRUCIAL PANTRY NEEDS FOR DECEMBER

Holiday Food Basket Items:
Canned vegetables & fruits
Canned yams, stuffing mix,
potatoes, gravy mix, Jello
Toilet Paper 100% Fruit Juice

YOU'RE INVITED!! Vicksburg Lions Club Annual Seniors Christmas Dinner
Thursday, December 11 5:45 PM Vicksburg High School Cafeteria FREE!!
Entertainment by the Vicksburg Middle School Band at 7:00 PM
RSVP BY DECEMBER 8 at South County Community Services — 649-2901

South County Community Services
provides support for
Caregivers

On the **Second Tuesday afternoons**
of each month, Colleen Simpson,
from Caregiver Resource Center
(Senior Services, Inc.) will be available at the
Vicksburg Community Center for:

On-site caregiver support
Education & Training

Please call **269-382-0515 ext. 200**
to schedule an appointment with Colleen
for **December 9**.

What are you doing
Thursday mornings?
Join us for
Coffee and Donuts!
Enjoy great conversation, fun &
friends at the
Schoolcraft Community
Center, 498 E Cass St.
Thursdays, 9:00 - 10:00 am
All this fun for **only \$1.00.**
Ladies and gentlemen welcome!



Ride Services Suspended South County Community Services volunteer drivers for our Monday excursions have recently retired from our volunteer corps. That means that rides will not be available until new volunteers are available.

If You Like to Drive, South County Community Services needs you! We need volunteer drivers who can help area residents get to doctors' appointments, necessary shopping and other errands on Mondays. You do not need a special driver's license. You do need a clean driving record and your own, reliable vehicle. South County does pay a mileage reimbursement to help cover your gasoline costs. Call 649-2901 for information.

Home Delivered Meals are available through Senior Services. Call **382-0515**.

VOLUNTEERS NEEDED—For many tasks associated with our annual Christmas Party for families in need. The work is underway **NOW** for this December 18 event. Call Emily at 649-2901 to volunteer.

Unleash Your Inner Artist with One- Stroke & Decorative Painting Classes in Vicksburg or Schoolcraft!



Create pictures, gifts, and household decorations! You don't need to be an artist OR know how to draw to "create" with this unique and enjoyable method taught by Ruth Dorrance, Certified One-Stroke Teacher. **Classes are on-going, you can start at any time, but PLEASE register in advance to ensure that the class is meeting.** *(Ruth doesn't want to be alone at either center!)*

Call Ruth to register and get the supplies list! 649-1118.

Vicksburg Community Center
Mondays, 1:00 - 2:30 pm
\$10 each class or \$50 for six weeks

Schoolcraft Community Center
Wednesdays, 9:00 - 10:30 am
\$10 for each class or \$50 for 6 weeks

FOOT CLINICS

Vicksburg Community Center: 1:00 - 4:00 p.m. First Monday—Dec. 1.

By appointment only! 649-2901. \$25 fee. Be sure to bring your own towel.

NO Foot Clinics in Schoolcraft until further notice.



Let's Travel!

Adults throughout the South County area are invited to sign up for fun with South County Community Services' (SCCS) trip program, offering monthly excursions. Bring a friend, too!

To register for trips, call Terri Franklin, 649-2901, ext. 14, or email tfranklin@sccs.us, or stop by the SCCS office, 101 S. Main St., Vicksburg. Payment in full must be received at SCCS by the reservation deadline date to hold your spot. Payment by check, payable to SCCS, is preferred.

Unless otherwise stated, the price quoted is payment in full for the trip, including any gratuity for the bus driver. If a meal, or other components are not included in the quoted price, those extra, on-you-own costs will be listed in the trip description.

Please note: Due to the cost of transportation, it is VITAL that you make your reservation for a trip by the deadline listed. If we do not meet our participation goal by the reservation deadline, trips will be cancelled. SCCS trips are NOT fundraisers or "profit centers" for the agency, but they do need to pay-their-own-way (break even). The bus companies and attractions we visit often have a long advance time required for any cancellations to ensure a full refund of our deposits.

Because our transportation and event costs must usually be paid in full, in advance, persons who cancel their reservation after the deadline will not receive a refund unless there are persons on a waiting list who will take the place of the persons who cancel.

SO — if you plan to travel with us, please make your reservation & payment promptly —certainly by the reservation deadline. THANKS!!

Tuesday, December 16, 2008 Price \$30 for Tour & Transportation. Your lunch cost will be an additional charge as you order from the fabulous menu. — **Lunch at the Tippecanoe Place Restaurant (former Studebaker Mansion), followed by a tour of the Oliver Mansion in South Bend, IN. SIGNIFICANT WALKING, INCLUDING FLIGHTS OF STAIRS (no elevator or resting/sitting areas on the tour). SCHOOL BUS TRANSPORTATION.** Built in 1895 by J. D. Oliver, this 38-room mansion will be "dressed for the best" in holiday decorations. Tippecanoe Place features 40 rooms, 20 fireplaces and exquisite dining. We **MAY** be able to arrange a pickup in Three Rivers, as well as Vicksburg & Schoolcraft, due to the destination. **CALL 649-2901 FOR LAST-MINUTE AVAILABILITY.**

TENTATIVE TRAVEL PLANS FOR 2009

PLEASE call Terri Franklin at 649-2901, or email tfranklin@sccs.us with your comments, suggestions or questions about our travel plans in 2009. By popular demand all trips planned thus far are day trips — no overnight stays. **NOTE DEADLINES AND RESERVATION MINIMUMS.** Trips that do not meet their minimums by the reservation deadline will be cancelled, so invited your friends and register early!

SUNDAY, JANUARY 25, 2:00 PM — We'll see *Deathtrap* at the Civic Theatre in Kalamazoo. We'll carpool downtown for the 2:00 PM matinee of this wonderful comedic mystery! (If you don't mind driving, that will be greatly appreciated!) After the show we'll have dinner at a downtown restaurant. \$17 per person for the Civic ticket. Your dinner expense is an additional charge. **RESERVATIONS BY JANUARY 16.**

TUESDAY, FEBRUARY 17 — Motor coach trip to **Four Winds Casino** in New Buffalo, MI. Depart Vicksburg 8:30 AM. Depart Schoolcraft 8:45 AM. Depart Casino 4:30 PM. Return to Schoolcraft & Vicksburg by 6:00 PM **Cost: \$35. 40-person minimum** so invite your friends! Guests receive \$5 in free play and a free lunch buffet (\$15 value). **RESERVATIONS BY FEBRUARY 6.**

MARCH — Motor coach trip to Munster, IN for the luncheon, and matinee performance of *Leading Ladies* at the Theatre at the Center. This new comedy by the author of *Lend Me A Tenor* offers a blend of dreaming, scheming and mistaken identities as two down-and-out actors try to impersonate English lasses to inherit an old woman's fortune. Romantic antics abound! **30-person minimum.** Details TBA. **RESERVATIONS BY MARCH 2.**

WEDNESDAY, APRIL 22 — Motor coach trip to Chicago to see *Mary Poppins* the live stage musical at the Cadillac Palace Theater. We'll have lunch at one of Chicago's great restaurants then go to the 2:00 PM show. **30-person minimum.** You're welcome to bring your kids or grandkids for this Disney production! **Details TBA.**

TUESDAY, MAY 19 — School bus trip to see *Church Basement Ladies* at Turkeyville! We'll enjoy the great buffet lunch, then see the 2:00 PM matinee of this hilarious comedy, back by popular demand. **40 seats available. Cost: \$50. RESERVATIONS BY APRIL 13.**

JUNE —Mystery Trip

JULY — Christmas in July! Motor coach trip to Frankenmuth, MI, including shopping at Bronner's Christmas Wonderland. Details TBA.



South
County
Players

Presents a Live
"Radio" Staging of
a Holiday Classic...



Tony Palermo's
Adaptation of a
Charles Dickens
Story:

A Christmas Carol

Directed by Linda Brenton



Live on stage at **Vicksburg United Methodist Church**

217 South Main Street, Vicksburg, Michigan

Fri.-Sat., Dec. 12-13, 2008 7:00 pm • Sun., Dec. 14 at 2 pm

Tickets go on sale 1 hour before each performance

All tickets at the door • Adults \$3 • Students (10 & under) FREE

Reception with the cast after the show

South County Community Services
101 South Main Street
Vicksburg, MI 49097

Non-Profit
U.S. Postage Paid
Vicksburg, MI 49097
Permit NO 6



Funded in part by KCHCS / AAA and local United Way

Senior Sampler Donation Form

Use this form to change your address, donate to SCCS, or have a *Sampler* sent to a friend.

Please check all that apply

I would like to make a donation of: \$ _____

Please send to a friend

I have a change of information:

Name _____ Phone _____

Mailing Address _____

City _____ Township _____

Zip Code _____ Spouse's Name _____

Birthday: Yours _____ Spouse's _____ Anniversary _____

Please make checks payable to:

South County Community Services OR **SCCS**
Attn: Newsletter Donations
101 South Main St. Vicksburg, MI 49097

South County Community Services programs, activities and materials are open to all without regard to race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital status or family status.